



18<sup>th</sup> October 2024

## Public First has partnered with The Wellbeing Hub from Teen Tips Ltd to support the ongoing work of the Coalition for Youth Mental Health in Schools.

An extraordinary coalition of some of the most respected schools from both the independent and state sectors, the Coalition for Youth Mental Health in Schools first came together in the immediate aftermath of the pandemic to call for radical reform of how mental health is supported in educational settings.

Over two landmark reports it has, since its foundation, called for an overhaul of counselling and PSHE in secondaries while also demanding a step change in the provision of Child and Adolescent Mental Health Services.

<u>The Wellbeing Hub</u>, an online interactive platform, provides expert-led, evidence-based resources for meeting the social, emotional, and educational needs of young people. Offering comprehensive tools and guidance to empower educators and support the entire school community in nurturing students' mental health and wellbeing.

The purpose of the new partnership will be to allow the Coalition and The Wellbeing Hub to provide expertise, insight and support to one another in creating a public-facing report regarding the state of mental health and wellbeing in schools.

The Wellbeing Hub is used by over 300 schools, impacting over 170,000 pupils in the UK and Internationally, it is perfectly placed to provide insight into the planned national poll of 11 – 19-year-olds covering a range of topics related to mental health and wellbeing.

Together the coalition and The Wellbeing Hub aim to establish fresh insights into gaps in provision and support, helping schools to identify strengths and areas for development. This bespoke form of non-judgmental feedback is unique within English schools.

A public report is planned to be produced by May 2025, outlining the findings about the state of young people's mental health, what best practice looks like in 2024, and where there is potential for policy intervention.





Alicia Drummond, founder of The Wellbeing Hub, member of the all-party parliamentary group for fit and healthy childhood, parenting expert and BACP accredited therapist explains:

"The Wellbeing Hub believes passionately in early intervention. We offer a proactive approach to children and young people's mental health and wellbeing – our partnership with, and support of, the coalition's work is very much aligned with this. By taking time to find out what young people are experiencing and feeling we are better able to support them."

Jane Lunnon, co-chair of the Coalition and Head of Alleyn's School, said:

'We are very pleased to be partnering with The Wellbeing Hub as we move into the third phase of the Youth Mental Health Coalition's work. We are all focused on understanding what challenges our young people face and how we can best support them to develop their mental health and become happy, successful and thriving members of their communities at school and beyond.'

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For further information please contact hub@teentips.co.uk or 01273 093 940.

## The Wellbeing Hub is leading the way in proactive support for the whole school community.

## A reminder of what we passionately believe in:

- Early intervention is essential if we are to prevent mental ill-health in young people.
- A whole school approach to mental health and wellbeing support is best.
- All those looking after children and young people should have access to professional, evidenced based support. See our school sponsorship programme <u>here</u>.
- In working collaboratively to promote positive mental wellbeing in young people. See some of our partnerships, including Public First, <u>here</u>.
- With your help we can make a difference!