

Someone is bullying my friend what do I do?

- ❤️- Defend the target of the bullying.
- ❤️- Intervene as a group.
- ❤️- Walk away taking the victim with you.
- ❤️- Take away the audience if other people are watching.
- ❤️- Distract the bully.
- ❤️- Question the bullying behaviour.
- ❤️- Use humour to lighten up a serious situation and give the victim time to leave. Spend time with the victim.
- ❤️- Be kind to the victim at other times.
- ❤️- Leave the chat if you are online.
- ❤️- Tell an adult you trust what is going on.
- ❤️- Help the victim to talk to an adult.

