



News release: 21 April

**TEEN TIPS RELEASES LIVE WEBINARS
TO HELP STRESSED PARENTS DURING ISOLATION**

<https://www.teentips.co.uk/news/live-online-talks-for-parents/>

Many parents may be feeling anxious with the closure of schools in an effort to contain the spread of the Covid-19. In addition, isolation from the peer group is likely to be difficult for teenagers and parents should be particularly vigilant around those who might be vulnerable to mental health problems.

Alicia Drummond, Founder of Teen Tips and parent/teen expert is on hand with expert advice on how to support young people and teens.

To meet this new demand Teen Tips are regularly releasing live webinars for parents and teens. Each session lasts one hour, and parents are able to ask questions.

A wide range of issues will be covered, including how to reduce conflict and sibling rivalry, how to manage anxiety and protect your child's mental health, how to use this time to develop your child's soft skills and increase their confidence along with a host of other suggestions and expert advice.

Teen Tips works with parents and schools to help them create environments which meet the social and emotional needs of young people.

- Ends -

For interviews or further information please contact Emma Pelling on: 07958 558172, emma@pellingpr.co.uk

<https://www.teentips.co.uk>

Social media: @TeenTipsLtd

Media spokespeople:



Alicia Drummond, Teen Tips Founder

Alicia has first-hand experience of the challenges faced by young people today. As founder of Teen Tips, Alicia delivers online and onsite support and training for staff, parents, carers, charities, clubs and organisations working with young people. Alicia is also a counsellor, parent coach, speaker and author.