

News release: 8 December 2020 – [suggested schools media news release](#)

UNIQUE WELLBEING HUB EMPOWERS TEACHERS AND PARENTS TO TACKLE THE MENTAL HEALTH OF YOUNG PEOPLE

<https://www.teentips.co.uk/wellbeing-hub/>

- **Stats from Teen Tips reveal that over half (55%) of parents say that lockdown has a negative impact on their children’s mental health.**
- **The Teen Tips Wellbeing Hub gives every adult living or working with children and teenagers, the knowledge and skills to understand and meet their social and emotional needs.**
- **The expert hub will deliver fresh content every week and includes; courses for staff and parents, podcasts, films, blogs and interviews with experts, live Q&As, PSHE resources, access to experts, Inspiring Futures careers podcasts and more.**

It has never been more important to support the mental health and wellbeing of young people. The year 2020 has seen teachers and parents face monumental changes with many finding parenting and teaching particularly challenging in the current climate.

The Teen Tips Wellbeing Hub meets these emerging needs with a trusted virtual hub. Teen Tips are experts at working with parents and schools to help them create environments which meet the social and emotional needs of young people.

Every school that invests in the hub can gift it to a school in their community ensuring that more young people get this level of support. It is already impacting 30,000 young people at schools across the UK. Parents can also sign up independently to the Wellbeing Hub.

Alicia Drummond, Founder of Teen Tips says;

“The launch of our Wellbeing Hub could not be more timely. It offers a tripod of care to give young people the tools to manage their own mental health and wellbeing. At Teen Tips we hear first-hand the challenges that teachers, parents and young people are facing today. We’ve experienced a surge in demand for our trusted and expert services this year.”

Allister Sheffield, Deputy Head (Pastoral), Sherborne School, says;

“Positive mental health is fundamental to young people’s ability to thrive and make the most of the opportunities available to them whilst at school. At Sherborne, we believe young people need help to develop these skills. In conjunction with Teen Tips Wellbeing

Hub, we aim to equip all our staff and parents with knowledge, understanding and strategies, so that they can support our pupils. We are pleased to be able to gift this package to a local school to develop further our community relationships with schools and ensure other pupils benefit from this support.”

See <https://www.teentips.co.uk/wellbeing-hub/> for more details.

- Ends -

For interviews or further information please contact Emma Pelling on: 07958 558172, emma@pellingpr.co.uk <https://www.teentips.co.uk>

Social media: @TeenTipsLtd

Media spokespeople:



Alicia Drummond, Teen Tips Founder

Alicia has first hand experience of the challenges faced by young people today. As founder of Teen Tips, Alicia delivers online and onsite support and training for staff, parents, carers, charities, clubs and organisations working with young people. Alicia is also a counsellor, parent coach, speaker and author.