



**News release: 4 June 2020**

**NEW STATS REVEAL IMPACT OF THE LOCKDOWN ON TEENS MENTAL HEALTH  
AS NEW EXPERT PARENTING HUB LAUNCHED**

- **Over half (55%) of parents surveyed by Teen Tips say lockdown has had a negative impact on their child’s mental health.**
- **Nearly half (40%) are concerned about their child struggling to reintegrate with peers post-lockdown.**
- **In addition, over half (57%) of parents feel they don’t have the tools to parent teenagers today.**
- **Teen Tips Club launched to meet the growing needs of parents with a trusted and expert virtual hub - [teentips.co.uk/club/](https://teentips.co.uk/club/)**

As restrictions are lifted, news stats from Teen Tips reveal that parents are continuing to feel anxious about the impact of lockdown on their children’s mental health. Parents, like the rest of society are facing monumental changes with many finding parenting challenging in the current climate.

The Teen Tips Club meets the emerging needs of parents with a trusted, safe and expert virtual hub. Teen Tips works with parents and schools to help them create environments which meet the social and emotional needs of young people.

The lockdown has resulted in increased exposure online for many young people at home, away from school and their peers. **Teen Tips stats reveal over three quarters (77%) of parents are concerned about their child’s increased exposure online and screen time with over a third (39%) saying it’s affecting their mental health.**

Alicia Drummond, Founder of Teen Tips says;

**“At Teen Tips we hear first-hand the challenges that parents are facing today. We decided to bring forward the launch of our Club as we’ve experienced a surge in demand for our services since lockdown. Parents need support more than ever and are looking for trusted and expert advice.”**

Membership of the Teen Tips Club offers a wealth of exclusive material including; weekly articles, tips & interviews with experts, weekly live Q&A sessions, email ‘ask the expert’ with a personalised response alongside a directory of therapists who work with young people, a specialists referral service, exclusive members offers and digital safety insurance to protect your whole family online See [teentips.co.uk/club/](https://teentips.co.uk/club/) for more details and an introductory offer (RRP £12.99pcm - offer (£9.99pcm)

- Ends -

**For interviews or further information please contact Emma Pelling on: 07958 558172,  
[emma@pellingpr.co.uk](mailto:emma@pellingpr.co.uk) <https://www.teentips.co.uk>  
Social media: @TeenTipsLtd**